SOLEÍ

A PRACTICAL GUIDE

# Conscious engagement.

The Solei 17 Mandala offers multiple pathways for conscious engagement that activate different aspects of its transmission system.

Transformation practices can range from simple contemplation of the Mandala's aesthetic impact to sophisticated techniques involving specific breathing patterns, visualisation sequences or mantra repetition.

Focused attention

Meditation



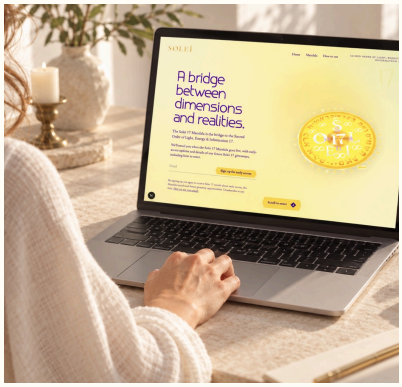

Visual contact

Wall or altar placement

BEGIN HERE

# Use your Mandala daily.

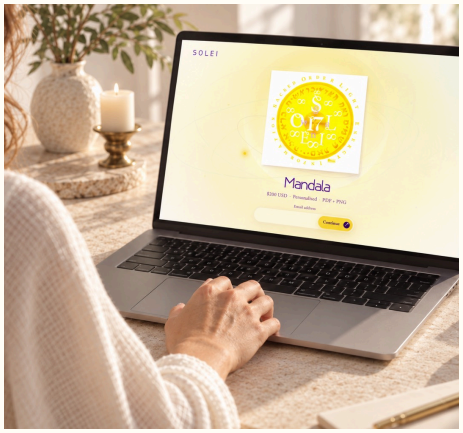
01




Visit
Solei17.com/mandala

02

Order your sacred Mandala



BEGIN HERE

# Make it your own.

03



## Print and laminate it




04

## Use it daily



# Activating the Solei 17 systems with your Mandala

Tapping the Mandala 17 times activates the core capabilities of the Mandala. It can be used on oneself, or on any animate or inanimate object.



A CONSCIOUS PRACTICE

# Water

Place water or another drink on the Mandala and use the 17-tap protocol before drinking. Using the Mandala as a coaster makes each act of consumption a conscious practice.



PRACTICE

# Fanning

Fan the aura or specific body parts with the Mandala. The fanning motion creates energy movement and prevents stagnation.





PRACTICE

# Wall or altar

Wall or altar placement transforms the Mandala into an environmental broadcaster throughout the space, supporting positive intentions and spiritual practices.

PRACTICE

# Meditation

Direct meditation with the Mandala opens profound transmission pathways. Practices can range from simple contemplation to breathing, visualisation or mantra repetition.



PRACTICE

# Practitioners

Use the Solei 17 Mandala with chakras, energy points, acupuncture meridians or any sacred workflow. It can provide support and awareness for you and your clients.






# Conscious engagement.

Focused attention  Meditation  Visual contact  Wall or altar placement